Zone Rugby League

Congratulations to Addison and Clay who have been successful in being selected in the Cessnock Zone Rugby League Team to compete at the regional carnival in Raymond Terrace on the 22nd of March. A big thank you to Jordan, Daniel and Dylan who put in some great performances and were unlucky not to be selected also.

Ship of fools –Free Water Saving Clown Show. - Thursday

Students will be treated to a free show on Thursday focused on water conservation which will be held in the school COLA from 1pm. Parents and non-school age children are more than welcome to come and join the fun so spread the word.

The Bubble and Super Squirts show has been touring the Hunter Region since 2006. The performance is a riotous romp highlighting how wasteful we can be with water and promoting simple ways to use less water. It is a 35 minute clown show which is especially suitable for Kinder to Year 6 students.

The performance incorporates the use of clowning, circus skills, magic, slap stick, music and song to deliver a very entertaining and memorable experience to everyone who sees it, including the teachers. The show centres around Supa Squirt, the Supa Water Saving Man, teaching Bubbles the Clown eight handy hints on how to save water in and around the home while doing everyday tasks. These tasks include showering, bathing, cleaning your teeth and flushing the toilet as well as jobs in the yard. Bubbles even turns into a ‘drip detective’ to find the leaking tap. As Bubbles learns along the way so do the children in the audience.

Canteen Open Monday

The time is finally here. Our canteen will operate from this Monday (4/3/12). Students are reminded to place their orders in the box at the canteen before 9am. Orders should be in a bag or envelope clearly labelled with the student’s name, class, items and amount of money enclosed. Please have as close as possible to the correct change.
Sticks and Stones Recount – by Madeline and Daniel

On Monday, 25th February, Years 3-6 went to Cessnock Performing Arts Centre to see the hilarious ‘Sticks, Stones ‘n’ Broken Bones,’ a shadow puppet show straight out of Melbourne International Comedy Festival. As the show began we expected to see people on stage but instead, a man came down from the back of the theatre with a torch. He made funny noises instead of speaking properly. Firstly, he used a balloon, wig and sticky tape to make a puppet. Then he took off one of his shoes and stuck a straw onto it. We thought he was a bit crazy until we saw the shadow puppets come to life. The items turned into a lady changing the channels on a TV and showing different emotions for each station. She had a big drink (the shoe and straw). The man had to get into very unusual positions to project the shadows onto the screen. After that he introduced us to his teddy bear…then covered the teddy’s head in masking tape! He put it upside down on a pole and stuck a tinsel wig on its bottom! It was an impression of a teenage girl with a bow in her hair. His last act included choosing a teacher from the audience. We crossed our fingers and hoped that Millfield would be chosen. A teacher from another school was chosen and he went up onto the stage. He made him into a karate God from Japan and he ‘fought’ a shadow puppet. It was such a great experience. ‘Sticks, Stones ‘n’ Broken Bones’ was one of the funniest shows I have ever seen and I even think the people guarding the door were laughing!

Tag day cancelled

Unfortunately due to the endless wet weather, the Tag Day for years 3-6 next week has been cancelled. Instead the ARL development team will be visiting the school to deliver an anti-bullying presentation on Wednesday morning for all students from 10am.

P&C meeting next Friday

Our first P&C meeting will be held next Friday at 3pm (after assembly) in the Library. It would be great to see as many people as possible attend and set the ideas for the coming year. This meeting should only run for approx. half an hour and kids are welcome to come and do activities in the Library to save babysitters. Look forward to seeing you there.

Scripture

Our first Scripture for the year started last week. Students are divided into a senior and junior group, and complete general scripture activities that cater for all denominations or interested students. Parents who wish to withdraw their students from these lessons in 2013 will need to inform the school again in writing.

PBL Focus of the week

In the office

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<thead>
<tr>
<th>Safe Students</th>
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<tbody>
<tr>
<td>- Ask for help</td>
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<td>- Don’t enter the kitchen without an adult</td>
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<td>- Get a note from the office if late</td>
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<tr>
<th>Responsible Students</th>
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<td>- Hand in their money and notes of a morning</td>
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<td>- Only go after seeing a teacher at breaks</td>
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<th>Respectful Students</th>
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<tr>
<td>- Knock once and wait</td>
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<tr>
<td>- Know it is a quiet place</td>
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This week’s Principal’s Award

Congratulations to Cassandra who gets this week’s Principal’s award. Cass has been demonstrating safe, responsible and respectful behaviours during eating time this week. Well done Cass!

Yours in Education, Scott Anderson – Principal
Miss Pringle’s Class Awards K/1
Congratulations to this week’s award recipients:
Molly Bedford for beautifully presented bookwork
Hunter Copeland for always trying his hardest in maths

Mrs Ford’s Class Awards 2/3/4
Congratulations to this week’s award recipients:
Erin Jackson for always completing work to a high standard
Ziggy Glanville for always being a thoughtful and polite class member

Ms Cornish’s Class Awards 5/6
Congratulations to this week’s award recipients:
Madeline Davis for always being willing to assist her peers
Jordan Dederer for working well independently

Mrs Durie’s Class Awards
Congratulations to this week’s award recipients:
Jacob Riley for using his safe pedestrian knowledge to safely cross the road
Jacob Dederer for a consistently good effort in PE and Library
Chantel Winship for being a kind and responsible class member

Head lice Alert

With the humid weather we have seen a few instances of Head Lice in the last week or so. Now would be a great time to check your child’s hair and treat if needed to avoid the spread of these irritating critters!

The facts
Head lice infestations are a common occurrence, particularly in primary schools.

- about 23% of primary students have head lice at any one time
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments

Treatment
- daily combing of white hair conditioner using a fine tooth comb is effective in getting rid of head lice and eggs (nits)

Tips for parents in reducing the spread of head lice
As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- regularly check your children's hair
- teach older children to check their own hair
- tie back and braid long hair
- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

COMMUNITY NEWS

RIPLE P SELECT PROGRAM

Triple P Parent Seminars

| The power of positive parenting | Thursday 28 March 2013 |
| Raising confident, competent children | Thursday 4 April 2013 |
| Raising resilient children | Thursday 11 April 2013 |

Time: 10.00 am - 12.00 pm

AT
Samaritans Neighbourhood Centre
198-202 Vincent Street, Cessnock

To book a place or for more information please phone

CESSNOCK FAMILY SUPPORT SERVICE
on 4990 4507

Seminars are presented by an accredited Triple P practitioner

Financial assistance for this service is provided by Community Services, Department of Family and Community Services NSW